

Dear Participant

Regarding Monday Night Wellness Group

Group will continue on a fortnightly basis for 2018.

The following dates are when group will be held, the venue remains the same and the time of commencement will be 1830 hours to 2000 hours.

Facilitator is Tanya Ribbon RN

July 2018

Monday 2nd

Monday 16th

Monday 30th

August 2018

Monday 13th

Monday 27th

September 2018

Monday 10th

Monday 24th

October 2018

Monday 8th

Monday 22nd

November 2018

Monday 5th

Monday 19th

December 2018

Monday 3rd

Monday 17th

The 2018 dates will be available on our web page.

Yours Sincerely,

Carolyn McDonald

Senior Clinician NMHP