

Dear Participant,

Monday Night Wellness Group

A survey was taken in August 2016 and results will see group continue on a fortnightly basis for 2017 until further review.

The following dates are when group will be held, the venue remains the same and the time of commencement will be 1830 hours to 2000 hours. Please arrive by 1825 as lifts require security after 1830.

January 2017

Monday 9th

Monday 23rd

February 2017

Monday 6th

Monday 20th

March 2017

Monday 6th

Monday 20th

April 2017

Monday 3rd

Monday 24th

May 2017

Monday 8th

Monday 22nd

June 2017

Monday 5th

Monday 19th

The 2017 dates will be available on our web page.

Yours Sincerely,

Carolyn McDonald
Case manager NMHP