










Referral Guide

Nursing and Midwifery Health Program **Victoria**

The Referral Process

-  We accept referrals from anyone associated with nurses, midwives and nursing/midwifery students.
-  Referral types include direct self-referral and referrals from other healthcare providers, employers, colleagues, industrial organisations, learning institutions, family and friends.
-  To make a referral simply call the NMHPV direct on 03 9415 7551 or download and complete a Referral Form and email to: admin@nmhp.org.au
-  Referral Forms are available for download from our website at: www.nmhp.org.au/referral
-  Telephone referrals will receive a response that day and emailed referrals will be contacted within the next business day.

Our Service

-  The Nursing and Midwifery Health Service Victoria (NMHPV) offers support for health issues related to substance use and/or mental health impairment.
-  We are an independent organisation that engages with our participants on a confidential and voluntary basis. Our service is free and is designed and delivered by nurses.
-  As a Victorian state-wide service the individual's geographic location is not a barrier. With access to telephone support, or one-to-one assistance at Ballarat, Bendigo, Geelong or Traralgon, our nursing and midwifery colleagues are assured of prompt, confidential and supportive assistance.
-  For more information about our services: Phone 03 9415 7551, Email: admin@nmhp.org.au, or visit our website at: www.nmhp.org.au/referral

89%

... of participants were either supported to remain at work, returned to work or had a plan to return to work in nursing

83%

... of participants entered into a positive on-going personal therapeutic relationship

67%

... of participants displayed a significant behavioural change that resulted in an improved health status

Services provided since August 2006

1660	350+	305	185	500+
... individual facilitated episodes of care for nurses, midwives and nursing/midwifery students	... participants received additional telephone support and assistance between appointments	... colleagues attended our facilitated peer group support program	... employers (including DONs, NUMs, Supervisors or equivalent), received information and support to assist them in managing the health/welfare of their nursing/midwifery staff	... nurses, midwives and nursing/midwifery students from over 60 organisations have graduated as NMHPV Champions

CONTACT US NOW! 03 9415 7551 or visit www.nmhp.org.au/referral 