



Nursing and Midwifery  
Health Program Victoria

Caring for nurses and midwives

Level 1, 110 Church Street  
Richmond Victoria 3121

Phone: 03 9415 7551  
Email: [admin@nmhp.org.au](mailto:admin@nmhp.org.au)  
Web: [www.nmhp.org.au](http://www.nmhp.org.au)

## NMHPV Champion Qualities and Attributes

The qualities and attributes necessary to be a successful NMHPV CHAMPION, as agreed upon by you as 'CHAMPIONS' include the following.

- ✔ To be NON-JUDGEMENTAL.
- ✔ To be CARING.
- ✔ To be EMPATHIC.
- ✔ To be clear with our BOUNDARIES.
- ✔ To maintain the CONFIDENTIALITY of colleagues who may share their information.
- ✔ To remember we are VOLUNTEERS and our main role is to PROVIDE INFORMATION about the NMHPV and to provide REFERRAL information, not to be a COUNSELLOR.
- ✔ To be kind to ourselves and for the role not to be to the DETRIMENT OF OUR OWN HEALTH.
- ✔ To be able to CONNECT WITH OTHERS.
- ✔ To be open to ENGAGE and 'TRADE' WITH OTHER CHAMPIONS, to SHARE and SUPPORT each other in the role.
- ✔ To be OPEN to colleagues as an individual who is willing to SUPPORT 'our own'.
- ✔ To be willing to ENGAGE EMPLOYERS, to NEGOTIATE WITH THEM FOR SUPPORT TO PROMOTE the NMHPV and the referral process as a way of supporting the ORGANISATION.
- ✔ To be willing to USE THE NMHPV FOR SUPPORT, ADVICE and INFORMATION and to be open to ongoing CONTACT with the NMHPV.
- ✔ To use the NMHPV drafted DOCUMENTS as the way of EXPLAINING THE ROLE you will play as a Champion in your organisation. This will include having access to a GENERIC NMHPV POWERPOINT PRESENTATION.
- ✔ A willingness to respond to a MONTHLY EMAIL which includes advising 'HOW MANY CONTACTS I'VE HAD WITH OTHERS IN MY ORGANISATION IN THE PAST MONTH, PROMOTING THE NMHPV.