



Self Referred Nurses – Alcohol and Drug concerns

Purpose

- Provide a discreet supportive case management system for early intervention in substance disorder for nurses, midwives and students of nursing and midwifery.
- Protect the community from potential risks of the progression of substance disorder if left untreated and the nurse develops impairment in work practice.
- Maximise opportunity for full return to health for the nurse.

Process

Appointments can be made via the office at NMHP.

During the first appointment at the NMHP the nurse is provided with information about the program. A brief triage is completed at this appointment and the NMHP will make observations and recommendations. At this stage the nurse may wish not to participate longer term and just require information and referral.

If the nurse chooses to become a participant of the NMHP, they are asked to complete and sign a: *Consent to Participate Agreement* and: *Release of Information consent form*.

These documents describe the responsibilities of the participant and the NMHP and ensure clarity is established and maintained. They outline circumstances where information can be exchanged or given to other services and require a signed agreement on the part of the participant.

At the second interview a comprehensive assessment is completed, care plan developed and referrals made.

The NMHP will continue to support the nurse or student of nursing in their pathway of care, including review and care plan adjustment if required.