

The Child Protection Health Program Victoria gives Child Protection Practitioners up to 6 (six) funded, face-to-face counselling sessions each year.

This is in addition to the 4 (four) Employee Wellbeing and Support Program sessions already available.

The Child Protection Health Program Victoria is free to access and respects caller confidentiality.

Child Protection Practitioners working in Victoria can call us for assistance with matters relating to their sensitive health issues.

Supporting the health and wellbeing
of Child Protection Practitioners



1800 998 333
www.nmhp.org.au/cphpv

1800 998 333
Monday to Friday
9.00am – 5.00pm



Child Protection Health Program VICTORIA

This program is funded by the Victorian Government

About the Program

The Child Protection Health Program Victoria (CPHPV) was established in July 2018. It provides every Victorian Child Protection Practitioner access to confidential advice and referral to an independent, accredited counsellor.

The CPHPV is staffed by qualified and experienced clinicians with experience in, and understanding of, the Child Protection work environment.

Child Protection Practitioners can call about any issue which is negatively affecting their health. It may or may not be related to their work as a Child Protection Practitioner.

It is not uncommon for Child Protection Practitioners to experience sensitive health issues associated with their:

- Mental health, including psychological distress, anxiety or lowered mood; or
- Substance use, including the use of alcohol and/or other drugs in a way which is detrimental to their health and wellbeing.

The CPHPV is available to make visits to Child Protection work settings to discuss work challenges and present information about the program to staff meetings, in-service and other appropriate forums.

While it is NOT a crisis response service it will direct callers in crisis to relevant services.

Program Services

The CPHPV was established as a service specifically for Child Protection Practitioners.

CPHPV telephone operators are qualified and experienced clinicians. Further, they have experience in, and understanding of, the Child Protection work environment which provides the caller with understanding and empathy.

Child Protection Practitioners can confidently seek help, in the knowledge:

- It is a proven way to develop positive coping strategies in the face of work challenges;
- It is common practice and beneficial to reach out for help when in need of support;
- They will not be stigmatised or judged for seeking help;
- The service will not have a financial impact;
- They are not alone with the challenges they experience.

The CPHPV is an appealing option for support for Child Protection Practitioners because it:

- Is a free, confidential and independent service;
- Does not require the Child Protection Practitioner to identify their concerns to their employer;
- Is provided by clinicians experienced in the Child Protection workforce;
- Invites Child Protection Practitioners who are experiencing early warning signs to call before developing a serious health concern.

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