

Location

Suite 6, 150 Chestnut Street
Cremorne, Victoria 3121

Office hours

Monday to Friday
8.30am to 5.00pm

Public Holidays
Closed

Contact details

Call or email for information
or to make an appointment.

Phone: 03 9415 7551
Email: admin@nmhp.org.au
Web: www.nmhp.org.au

WEBSITE



Nurses and midwives:
Caring for nurses and
midwives

03 9415 7551
www.nmhp.org.au

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Our vision

Our vision is for healthy and safe nursing and midwifery professions.

The Nursing and Midwifery Health Program Victoria respects and values our participant's sensitive health issues and understands the importance of providing a timely, accessible and non-judgemental service.

We are here for you

If you are concerned about your stress levels, feel exhausted or anxious, or experiencing challenges related to your substance use, mental health or family violence circumstances, we encourage you to contact us as soon as possible. Early intervention greatly improves outcomes.

The Program exists to provide health support to all nurses, midwives and students of nursing and midwifery in Victoria faced with substance use, mental health or family violence concerns. It advises and assists managers and human resources staff managing nurses and midwives with these sensitive health issues in their workplace.

Our service

- ✔ Designed and delivered by nurses and midwives for nurses, midwives and nursing/midwifery students.
- ✔ Is free, confidential and independent.
- ✔ Supports those with health issues related to their substance use, mental health and/or family violence concerns.
- ✔ Supports employers with expert guidance and advice.
- ✔ Facilitates a variety of groups in a safe place where participants can share experiences, receive support and seek professional advice.
- ✔ Is available to all Victorian nurses, midwives and students wherever they are located.
- ✔ Is a Quality Innovation Performance (QIP) accredited organisation.